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Facial Plastic and Reconstructive Surgery
Hair Restoration Surgery

WISE INSTITUTE
for hair restoration

Postoperative Medications

- Complete the course of antibiotics -- **Duricef 500 mg (cefodoxil) or Bactrim DS (sulfamethoxazole 160 mg and trimethoprim 800 mg) or Levaquin 500 mg (levofloxacin) or Cipro 500 mg (Ciprofloxacin)**. The first dose of antibiotics will be administered by us during your procedure. **Duricef, Bactrim, and Cipro** are to be taken 2 times each day and **Levaquin** is to be taken one time each day.
- The prescription pain medication -- **Vicodin (hydrocodone 7.5 mg/acetaminophen 325 mg) or Percocet (oxycodone 5 mg/ acetaminophen 325 mg) or Tramadol (generic) 50 mg** is used to alleviate breakthrough pain. Make sure you eat something heavy at least one hour before taking your prescription pain medication. **DO NOT TAKE PAIN MEDS ON AN EMPTY STOMACH**. You may optionally use extra-strength Tylenol (500 mg tabs), one to two tablets every 4-6 hours for less significant pain instead or along with the pain meds but you **MUST** wait at least two hours in between each dosage if taken with the prescription pain medication.
- The prescription anti-nausea medication **Zofran (Ondansetron) 4mg tab** is used to prevent you from feeling nauseas and vomiting. Take one 30 to 45 minutes before taking your pain medicine and one to two every eight hours thereafter as needed. This medicine may have the side effect of feeling drowsy and will help you tolerate the bandage.
- The prescription eye ointment **Maxitrol (neomycin 0.35%/polymyxin B 10,000/dexamethasone 0.1% units ophthalmic)** is used to prevent infection and reduce inflammation when an upper and/or lower blepharoplasty (eyelid) procedure is performed. Apply to upper and/or lower eyelid incisions three times a day for the first 7 days following your procedure.
- **Tobradex (tobramycin 0.3%/dexamethasone 0.1% ophthalmic)** medicated eye drops. Apply 2 drops to each eye four times each day for the first 7 days. This will help prevent infection and will decrease swelling associated with some types of blepharoplasties (eyelid procedures).
- The prescription **Valtrex 500 mg tabs (valacyclovir)** is a prophylaxis against cold sore formation following procedures around the mouth. Take 2 tablets by mouth twice each day for 3 days total. Begin the morning of your procedure.
- The prescription **Medrol Dosepak (methylprednisolone 4 mg tabs)**, if used in your case, is used to decrease swelling and bruising. You should begin taking the medication the morning after surgery. It is **very** important to follow the directions for this medication precisely and finish the entire pack over a six-day period. First day – take 2 tabs before breakfast, 1 tab after lunch, 1 tab after dinner, and 2 tabs at bedtime. Second day – take 1 tab before breakfast, 1 tab after lunch, 1 tab after dinner, and 2 tabs at bedtime. Third day – take 1 tab before

breakfast, 1 tab after lunch, 1 tab after dinner, and 1 tab at bedtime. Fourth day – 1 tab before breakfast, 1 tab after lunch, 1 tab at bedtime. Fifth day – 1 tab before breakfast and 1 tab at bedtime. Sixth day – 1 tab before breakfast.

- If you have undergone a nasal procedure, use the prescription topical ointment **Bactroban (mupirocin 2%)**. Apply to inside rim of nostrils and incisions 2-3 times a day for the first 7 days.
- Follow the instructions for **Arnika Forte (Arnica 500 mg, Bromelain 2400 GDU 50 mg, Grape Seed Extract 95% OPC's 120 mg, Vitamin C 120 mg, Rutin 50 mg)** to decrease bruising and swelling. Follow the instructions on the bottle.
- **DO NOT** take Aspirin, Ibuprofen, Aleve, Advil, or Vitamin E for 7 days after your surgery.
- Please **DO NOT** put makeup on incisions until 10 days following the procedure.

****If you have any questions, please do not hesitate to call Dr. Wise.**